How to wash your hands

**You will need:**
- water
- soap
- a towel

**What to do:**
1. Turn on the tap.
2. Squirt the soap on your hands.
3. Rub your palms.
4. Rub the knuckles on your hands.
5. Rub the insides and the backs of your fingers.
6. Rub your thumbs.
7. Rub your nails too.
8. Rinse your hands.
9. Dry your hands.